

# Southeast Iowa Law Enforcement

TEST DATE:

SUNDAY

May 15, 2016

9:00 a.m.

Southeastern Community College

---

*One test can qualify you to continue with any of these agencies:*

Fort Madison Iowa Police Department

Keokuk Iowa Police Department

Burlington Iowa Police Department

Mt. Pleasant Iowa Police Department

Fairfield Iowa Police Department

West Burlington Iowa Police Department

Lee County Sheriff's Office

Henry County Sheriff's Office

Jefferson County Sheriff's Office

Des Moines County Sheriff's Office

---

**Application Deadline: April 29, 2016**

Application to Test MUST be received at the Burlington Police Department by 5:00 p.m. April 29th

Mail or Deliver to:

SEIRT (Southeast Iowa Regional Testing)

Burlington Police Department

c/o Major Grimshaw

424 North Third Street

Burlington, IA 52601

# TESTING INFORMATION

Southeast Iowa Regional Law Enforcement Testing Center has scheduled Police Officer and/or Deputy testing which consists of two parts: an agility test and a written exam. These exams will be held on SUNDAY, May 15, 2016 beginning with the *agility testing* (see attached) at 9:00 a.m. in the gymnasium at Southeastern Community College located at 1015 South Gear Avenue in West Burlington, Iowa. If you pass all portions of the agility test, you will be eligible to take the *written test* which will be administered in Room 501 at 11:00 a.m. Applicants must pass all portions of the agility test and all portions of the written test to be eligible for further consideration by the law enforcement agencies.

Enclosed is the [Application To Test](#), which must be completed and received at the Burlington Police Department **by 5:00 p.m. on April 29, 2016**. If this form is not completed and received by this deadline, applicants will NOT BE ABLE TO PARTICIPATE IN THE TESTING. Additionally, we do not accept prior written or physical testing scores therefore this is the only opportunity to be considered for hire by these agencies.

Any questions about the Southeast Iowa Regional Testing can be directed to the participating agencies:

---

Burlington Iowa Police Department 424 North Third Street Burlington, IA 52601 Phone: 319-753-8352	Mount Pleasant Iowa Police Department 204 East Washington Mt. Pleasant, IA 52641 Phone: 319-385-1450
West Burlington Police Department 122 Broadway Street West Burlington, IA 52655 Phone: 319-754-8555	Des Moines County Sheriff's Office 521 North Main Street Burlington, IA 52601 Phone: 319-753-8212
Keokuk Iowa Police Department 1222 Johnson Street Keokuk, IA 52632 Phone: 319-524-1095	Lee County Sheriff's Office 2530 255th Street Montrose, IA 52639 Phone: 319-372-1152
Fairfield Iowa Police Department 1200 West Grimes Fairfield, IA 52556 Phone: 641-472-4146	Henry County Sheriff's Office 106 East Clay Street; P.O. Box 216 Mt. Pleasant, IA 52641 Phone: 319-385-2712
Fort Madison Police Department 811 Avenue E Fort Madison, IA 52627 Phone: 319-372-2525 Ext. 278	Jefferson County Civil Service Commission 1200 West Grimes Fairfield, IA 52556 Phone: 641-472-4164

Online POST Practice Test and Study Guide are Now Available at:

<https://www.ApplyToServe.com/Study/>

# Southeast Iowa Regional Law Enforcement Officer Testing Center

## APPLICATION TO TEST

Qualified applicants are eligible to compete for all positions without regard to race, color, national origin, sex, religion, age, disability or marital status.

---

_____	_____	M	F
Name in full (Last, First, Middle)	Social Security Number	Sex*	
_____	_____	_____	_____
Current Address (No P.O. Boxes)	City, State	Zip Code	
_____	_____	_____	_____
Current Mailing Address (If different from above)	City, State	Zip Code	
_____	_____	_____	_____
Telephone Number	Email Address	Date of Birth*	Age*

Check here if you have taken the P.O.S.T. test in the past year

Check here if you have taken the M.M.P.I. test in the past year

\*These items needed to determine physical agility test standards

*Please note that this is only an application to test. Upon passing both the physical agility and written portions of the test, each individual department will advise you on the procedure to*

### The agencies that will have access to all test results include:

Burlington Police Department  
West Burlington Police Department  
DesMoines County Sheriff's Office  
Ft. Madison Police Department  
Keokuk Police Department  
Lee County Sheriff's Office  
Mt. Pleasant Police Department  
Henry County Sheriff's Office  
Fairfield Police Department  
Jefferson County Sheriff's Office

# PHYSICAL AGILITY TESTING STANDARDS

*State of Iowa Requirements for all Law Enforcement Applicants*

---

## TEST/MALES

AGE	20-29	30-39	40-49	50-59	60+
Sit & Reach	16.5"	15.5"	14.3"	13.3"	12.5"
1 Minute Sit-Up	38	35	29	24	19
1 Minute Push-Up	29	24	18	13	10
1.5 Mile Run	12:51	13:36	14:29	15:26	16:43

## TEST/FEMALES

AGE	20-29	30-39	40-49	50-59	60+
Sit & Reach	19.3"	18.3"	17.3"	16.8"	15.5"
1 Minute Sit-Up	32	25	20	14	6
1 Minute Push-Up	15	11	9	12*	5*
1.5 Mile Run	15:26	15:57	16:58	17:54	18:44

*\*Females in excess of 49 years of age may do push-ups on their knees*

**If you pass all portions of the agility test, you will be  
eligible to take the written test**

## Let Your Candidates Know About These NEW POST Study Materials!

### Online POST Practice Test And Study Guide Are Now Available!

We are pleased to announce that an online version of The National Police Officer Selection Test (POST) candidate Study Guide, as well as an online practice version of the POST itself is available for purchase directly by applicants. The exam provides candidates with an opportunity to complete a full-length, timed practice version of the same POST exam. The content of the practice exam is 100% unique and contains no overlap with any content of POST versions A, B, C or D. The practice version of the POST contains detailed feedback for any test item answered incorrectly by the applicant, giving them a better understanding of personal areas of strength, and opportunities for development. We are providing this service to agencies as well as candidates in response to popular demand and request. The POST practice exam and Study Guide will be available for sale to applicants through Stanard and Associates' job application and recruitment website ([www.ApplyToServe.com/Study/](https://www.ApplyToServe.com/Study/)) for a nominal charge of \$15.00. The Study Guide will be available for \$5.00.

Available For Sale Directly To Candidates At  
Stanard & Associates' Job Application Website:

<https://www.ApplyToServe.com/Study/>

Attention Recruiters: Please feel free to add this link to your job posting, recruitment materials, and your agency's website!